



9306 Skokie Blvd. · Skokie, Illinois 60077  
Phone: 847-673-3030

### Delivery Available

#### OMELETS

3 egg omelet served with your choice of bagel and choice of home fries, hash browns, or Israeli salad

##### **Cheese Omelet...\$11.95**

Choose from American, muenster, mozzarella, or cheddar

##### **Vegetable Omelet...\$12.95**

Your choice of 3 vegetables and cheese  
Each additional vegetable \$0.50

##### **Greek Omelet...\$14.95**

Spinach, tomato, red onion and feta cheese

##### **Lox Omelet...\$14.95**

Lox, cream cheese, red onion and a hint of dill

##### Extras:

Whip Cream \$1.00

Extra Egg \$1.50

Egg Whites \$1.50

Extra Cheese \$1.75

Add lox \$3.50

#### EGG SPECIALTIES

##### **2 Eggs Any Style...\$6.50**

Served with your choice of bagel

##### **Eggel Bagel Sandwich...\$7.95**

2 egg omelet with your choice of bagel and cheese

##### **Eggel Bagel Deluxe Sandwich...\$8.95**

Our Eggel Bagel with mushrooms, green peppers and onions

##### **Shakshouka...\$12.95**

An Israeli specialty. Sunny side up eggs in a sauce of tomatoes, onions and jalapeños. Topped with feta cheese and parsley and served with your choice of bagel

##### **Breakfast Burrito...\$14.95**

Scrambled eggs, tomatoes, onions, green peppers and cheddar cheese, wrapped in a white or whole wheat tortilla with avocado. Served with spicy salsa and choice of home fries, hash browns, or Israeli salad

##### **Spinach Frittata Wrap...\$14.95**

Scrambled eggs with spinach, mozzarella and cheddar cheese, tomatoes, onions and red and green peppers in a white or whole wheat tortilla. Served with spicy salsa and choice of home fries, hash browns, or Israeli salad

##### **Chorizo Frittata Wrap...\$14.95**

Scrambled eggs with spicy soy chorizo and mozzarella and cheddar cheese in a white or whole wheat tortilla. Served with spicy salsa and choice of home fries, hash browns, or Israeli salad

#### BELGIAN WAFFLES

Served with powdered sugar and strawberry on top and syrup

##### **Classic Buttermilk...\$9.95**

##### **Chocolate Chip...\$10.95**

##### **Blueberry...\$10.95**

##### **Strawberry...\$10.95**

##### **Caramelized Banana...\$12.95**

##### **Apple Cinnamon...\$12.95**

#### FRENCH TOAST

Four triangles of our homemade bread, served with powdered sugar on top and syrup

##### **Classic...\$9.95**

##### **Caramelized Banana...\$12.95**

##### **Apple Cinnamon...\$12.95**

#### PANCAKES

3 large pancakes served with powdered sugar on top and syrup

##### **Classic Buttermilk...\$8.95**

##### **Chocolate Chip...\$9.95**

##### **Blueberry...\$10.95**

##### **Banana...\$10.95**

##### **Strawberry...\$10.95**

##### **Strawberry Banana...\$10.95**

##### **Triple Berry...\$10.95**

##### **Chunky Monkey...\$13.95**

Banana, chocolate chips, and pecans

##### **S'mores Pancakes...\$13.95**

Chocolate chip pancakes with pieces of graham crackers inside, topped with marshmallow fluff, more graham crackers and chocolate chips

#### BREAKFAST AND MORE

##### **Bagel with Butter...\$2.95**

##### **Bagel with Peanut Butter and Jelly...\$4.50**

##### **Bagel with Cream Cheese...\$4.95**

With specialty cream cheese...\$5.50

With Nova cream cheese...\$6.50

##### **Oatmeal...\$5.50**

Homemade and delicious. Served with brown sugar and one topping: Bananas, blueberries, strawberries, raisins, sliced almonds, or chocolate chips  
Each additional topping \$0.50

##### **French Toast Sticks...\$7.50**

##### **Yogurt Parfait...\$4.95**

Non-fat Greek vanilla yogurt with homemade granola and various toppings

##### **Fresh Fruit Cup...small \$3.95, large \$5.95**

#### SALADS

Served with our low carb roll or bagel  
Croutons are hamotzi and contain sesame

##### **Fiesta Salad...\$14.95**

Romaine, shredded carrots, purple onions, red pepper, black beans, corn, and crispy tortilla chip pieces - dressing of your choice

##### **Spinach Salad...\$14.95**

Spinach leaves, mushrooms, chopped eggs, tomatoes, garlic croutons and dressing of your choice

##### **Harvest Salad...\$14.95**

Mixed baby greens topped with strawberries, feta cheese, candied pecans and balsamic vinaigrette

##### **Greek Salad...\$14.95**

Romaine, tomatoes, onions, cucumbers, black olives, feta cheese and lemon olive oil dressing

##### **Caesar Salad...\$14.95**

Romaine, garlic croutons, parmesan cheese and creamy Caesar dressing

##### **Sunshine Salad...\$14.95**

Romaine, shredded carrots, shredded zucchini, avocado, sunflower seeds, raisins and cheddar cheese - dressing of your choice

##### Extras:

Tuna Scoop...Add \$3.95, Grilled Salmon...Add \$12.50

#### SOUPS

##### **Soup of the Day...Small \$6.50, Large \$7.50, Extra Large \$10.95**

##### **French Onion Soup...\$7.50**

Our homemade French onion soup, topped with bread and mozzarella cheese

##### **Vegetarian Chili...\$8.50**

A spicy blend of soy chorizo, beans, tomatoes and onions in our homemade sauce and served with cornbread. Cheddar cheese and red onions on the side

## EMMA'S FAVORITES

### Avocado Toast...\$6.50

One piece of thick toast with mashed avocado, diced tomatoes, red onions, scallions, and garlic aioli  
Add fried egg on top...\$1.50

### Pizza Bagel...\$7.95

Your choice of bagel with pizza sauce and melted American, mozzarella, cheddar, or muenster cheese, served with homemade chips or Israeli salad

### Pizza Trencher...\$8.95

Bially topped with grilled mushrooms, red and green peppers, onions, zucchini, pizza sauce, and melted mozzarella cheese, served with tomato, onion, pickles, and homemade chips or Israeli salad

### Spinach Trencher...\$9.95

Bially topped with a mixture of spinach, red peppers, onions, cream cheese, and melted mozzarella cheese, served with tomato, onion, pickles, and homemade chips or Israeli salad

### Quesadilla Classic...\$11.95

Mozzarella and cheddar cheese melted with tomato and scallions in a white or whole wheat tortilla, served with sour cream and spicy salsa, lettuce, and tomato

### Quesadilla Deluxe...\$12.95

Our Classic Quesadilla with grilled mushrooms, red and green peppers, onions and zucchini

### Tuna Quesadilla...\$13.95

Mozzarella cheese melted with tuna and red onions in a white or whole wheat tortilla, served with homemade chips or Israeli salad

### ALT...\$12.95

Triple decker sandwich on our homemade bread with avocado, lettuce, tomato, cucumber, onion, and mayo, served with homemade chips or Israeli salad

### Falafel Burger...\$13.95

Our very own falafel patty, tahini sauce, jalapeños, cucumbers, and tomatoes on a homemade bun, served with homemade chips or Israeli salad

### Veggie Burger...\$13.95

Our very own veggie burger with grilled onions on a homemade bun, served with homemade chips or Israeli salad

Add melted cheese...\$1.75

### Fried Whitefish Sandwich...\$16.95

Served on our homemade bread with pickles, tomato, tartar sauce and homemade chips or Israeli salad

### Fish and Chips...\$16.95

Battered and deep fried tilapia, served with tartar sauce and fries

### Grilled Salmon...\$19.95

Choice of teriyaki, honey dijon, or bourbon glaze, served on a bed of garlic angel hair pasta or rice with garden salad

### Salmon Stir-Fry Teriyaki...\$19.95

Cubes of salmon stir fried with red and green peppers, onions, mushrooms, and garlic angel hair pasta or rice in teriyaki sauce

### Personal Pan Pizza...\$12.95

Fresh and homemade personal size pizza made in our cast iron pans. Add your own custom toppings for an additional charge. Please allow 20 minutes preparation time.

Green pepper, red pepper, white onion, mushroom, tomato - \$1.00 each

Broccoli, spinach, chorizo - \$1.50 each

## WRAPS

In a white or whole wheat tortilla, served with pickles, homemade chips or Israeli salad  
Wraps are Hamotzi

### Grilled Vegetable...\$11.95

Grilled mushrooms, red and green peppers, onions, zucchini, and guacamole

### Mediterranean...\$11.95

Eggplant, red and green peppers, onions, and sun-dried tomatoes in a spicy sauce

### Egg Salad...\$11.95

Egg salad, lettuce, tomato, and scallions

### Guacamole...\$12.95

Guacamole, mozzarella and cheddar cheese, lettuce, tomato, and scallions

### Falafel...\$13.95

Our homemade falafel balls, Israeli salad, lettuce, tahini sauce, and spicy Mediterranean eggplant salad

### Tuna...\$13.95

Tuna salad, lettuce, tomato, and scallions

### Spinach Swirl...\$13.95

A mixture of spinach, red peppers, onions, potatoes, cream cheese and mozzarella cheese

### The Cha-Cha...\$13.95

Spicy soy chorizo, mozzarella cheese, mushrooms, zucchini, carrots, red and green peppers, tomato, lettuce, and scallions

### Lox Lu-Lu...\$15.95

Nova lox, cream cheese, lettuce, tomato, red onion, and scallions

### Salmon Caesar Salad...\$19.95

Romaine lettuce, garlic croutons, parmesan cheese, and grilled salmon with creamy caesar dressing

## QUICHE

In a delicious crust, served with a side of lettuce, tomato and cucumber

### Muenster Cheese...\$8.95

With onions

### Cheddar Cheese...\$8.95

With tomatoes, scallions, and avocado

### Broccoli...\$8.95

With mozzarella cheese and onions

## PASTAS

Served with garlic bread

### Pasta Marinara...\$9.95

Spaghetti with homemade marinara sauce  
Add cheese...\$1.75

### Macaroni and Cheese...\$12.95

Macaroni with mozzarella, cheddar, muenster and parmesan cheese

### Gnocchi...\$12.95

Gnocchi served with sautéed onions

### Creamy Pesto...\$12.95

Penne with homemade creamy pesto

### Creamy Alfredo...\$12.95

Penne with homemade creamy alfredo

### Ravioli...\$13.95

Butternut squash or spinach, served with choice of sauce

### Eggplant Parmesan...\$13.95

Breaded and fried eggplant topped with mozzarella cheese and homemade marinara sauce, served on top of spaghetti

### Three Cheese Lasagna...\$14.95

Layered lasagna with our special blend of cheese and homemade marinara sauce

## MEXICAN

### Avocado and Tuna Tapas...\$8.50

One whole avocado, split in two, with a scoop of our delicious tuna on each half, topped with scallions

### Nachos and Dips...\$12.95

White and whole wheat tortilla chips with cheese sauce, refried beans, guacamole and salsa on the side

### Mexican Burrito...\$14.95

Spicy soy chorizo, refried beans, pico de gallo with jalapeños, mozzarella cheese, and lettuce in a white or whole wheat tortilla, topped with melted cheddar. Served with Spanish rice, refried beans, lettuce and spicy salsa on the side

### Chorizo Quesadilla...\$14.95

Spicy soy chorizo with melted mozzarella and cheddar cheese, pico de gallo with jalapeños, tomato and scallions in a white or whole wheat tortilla. Served with Spanish rice, sour cream, lettuce, tomato and spicy salsa on the side

### Taco Salad...\$15.95

Fried white tortilla filled with spicy soy chorizo, pico de gallo with jalapeños, cheddar cheese, sour cream, guacamole, refried beans, lettuce, and black olives

### Fish Tacos...\$16.95

3 of our 6" corn tortillas filled with tilapia and pico de gallo with jalapeños, served with spicy salsa and Spanish rice. Spicy and gluten free!

## PANINI

Grilled on our homemade white or wheat roll  
Served with our homemade chips or Israeli salad

### 3 Cheese...\$11.95

American, mozzarella, cheddar, tomato, and onions

### Pizza...\$11.95

Homemade pizza sauce and mozzarella

### Pizza Deluxe...\$12.95

Our Pizza Panini with grilled mushrooms, red and green peppers, onions, and zucchini

### Grilled Vegetable...\$12.95

Grilled mushrooms, red and green peppers, onions, zucchini, and guacamole with mozzarella cheese

### California...\$12.95

Cream cheese, lettuce, tomato, avocado, and scallions

### Caprese...\$12.95

Mozzarella, tomato, and pesto

### Eggplant Parmesan...\$12.95

Breaded and fried eggplant topped with mozzarella cheese and homemade marinara sauce

### Tuna Melt...\$13.95

Tuna salad, tomato, and mozzarella cheese

### Grilled Salmon...\$19.95

Our Grilled Vegetable Panini with grilled salmon

## DELI SANDWICHES

Served on a bagel of your choice with tomato, onion, pickles, and homemade chips or Israeli salad

### Egg Salad...\$9.95

### Vegetarian Chopped Liver...\$9.95

### Tuna Salad...\$12.95

### Whitefish Salad...\$13.95

### Lox and Cream Cheese...\$14.95

### Tuna Melt...\$13.95 Open Face...\$3.50 extra

## KIDS

### Silver Dollar Pancakes...\$6.25

5 mini pancakes served with powdered sugar on top and syrup  
Add chocolate chips, blueberries, strawberries, or bananas...\$0.75

### Grilled Cheese...\$6.50

Served on sliced bread with homemade chips or Israel salad  
Choice of American, mozzarella, cheddar, or muenster

### Mac n Cheese...\$8.50

Macaroni with mozzarella, cheddar, muenster and parmesan cheese

### Mini Bagel Topped with cream cheese...\$3.50

Topped with egg salad and our homemade chips, tomato,  
onion, and pickles...\$5.75

Topped with tuna salad and our homemade chips, tomato,  
onion, and pickles...\$6.75

## BEVERAGES

### Fountain Drinks

### Soft Drinks (cans and bottles)

### Assorted Milks, Juices, and Drinks

### Fresh Squeezed Orange Juice

## COFFEE BAR AND MORE

All coffee bar drinks are 12 oz. or 16 oz. servings  
Add whip cream to any drink - \$0.75

### Coffee

### Hot Tea

### Hot Chocolate

### Cappuccino

### Latte

### Flavored Latte

### Specialty Tea

### Iced Coffee

### Iced Latte

### Flavored Iced Latte

### Coffee Granita

### Assorted Milkshakes and Smoothies

All Coffee Bar drinks are Cholov Yisroel

## BAGELS TO GO

### Bagels

Plain, Sesame, Poppy, Onion, Garlic, Everything, Egg, Salt, Marble,  
Sun Dried Tomato, Jalapeno, Sourdough, Zahatar, Pumpnickel,  
Pumpnickel Onion, Rye with Seeds, Whole Wheat, 100% Whole  
Wheat, Whole Wheat Everything, Chocolate Chip, Blueberry,  
Cinnamon Raisin, and Orange Cranberry

### Jerusalem Bagel

Plain and Whole Wheat

### Bagel Sticks

Plain, Sesame, Poppy and Onion

### Bialys

Plain and Onion

### Pretzels

Salted and Unsalted

### Low Carb Roll

### Fruit and Nut Bar

### Mini Bagels

Plain, Sesame, and Poppy

## SIDES

### Homemade Potato Chips...\$3.50

### Cornbread...\$3.50

### Baked Potato...\$4.95

Add your choice of toppings - \$0.50 - \$3.50 each

### Home Fries...\$4.95

### Hash Browns...\$4.95

### Spanish Rice...\$4.95

### Israeli Salad...\$4.95

### Grilled Vegetables...\$5.95

### French Fries

Small \$5.25, Large \$8.25

### Sweet Potato Fries

Small \$6.25, Large \$8.95

### Cheese Fries

Small \$6.50, Large \$9.50

### Chili Cheddar Fries...\$9.95

### Homemade Fried Zucchini...\$6.95

### Homemade Fried Onion Rings...\$6.95

### Homemade Fried Cauliflower...\$7.95

### Homemade Mozzarella Sticks...\$7.95

### Homemade Onion Rings Stuffed With Mozzarella Cheese...\$8.95

### Mac and Cheese Bites...\$8.95

Scoops of macaroni and cheese dipped in batter and fried

## CHALLAHS

Plain, poppy seed, sesame, whole wheat, and everything

Mindy's Gourmet Challah

Challah Rolls

## BULK ITEMS

Tuna Salad

Egg Salad

Whitefish Salad

Vegetarian Chopped Liver

Nova Lox

Plain Cream Cheese

Low Fat Plain Cream Cheese

Specialty Cream Cheese

Specialty Low Fat Cream Cheese

Nova Cream Cheese

## PASTRIES

Assorted Fresh Baked Danishes

Assorted Fresh Muffins

Assorted Brownies and Bars

Assorted Cookies

Assorted Kiddish Cakes, Fruit Filled Cakes, Babkas, and More