



9306 Skokie Blvd. • Skokie, Illinois 60077
Phone: 847-673-3030

Delivery Available

OMELETS

3 egg omelet served with your choice of bagel and choice of home fries, hash browns, or Israeli salad

Cheese Omelet...\$8.95

Choose from American, muenster, mozzarella, or cheddar

Vegetable Omelet...\$9.95

Your choice of 3 vegetables and cheese

Each additional vegetable \$0.50

Greek Omelet...\$11.95

Spinach, tomato, red onion and feta cheese

Lox Omelet...\$11.95

Lox, cream cheese, red onion and a hint of dill

Extras:

Whip cream \$1.00

Extra Egg \$1.50

Egg Whites \$1.50

Extra Cheese \$1.75

Add lox \$3.00

EGG SPECIALTIES

2 Eggs Any Style...\$5.25

Served with your choice of bagel

Eggel Bagel Sandwich...\$5.95

2 egg omelet with your choice of bagel and cheese

Eggel Bagel Deluxe Sandwich...\$6.95

Our Eggel Bagel with mushrooms, green peppers and onions

Shakshouka...\$9.95

An Israeli specialty. Sunny side up eggs in a sauce of tomatoes, onions and jalapeños. Topped with feta cheese and parsley and served with your choice of bagel

Breakfast Burrito...\$11.95

Scrambled eggs, tomatoes, onions, green peppers and cheddar cheese, wrapped in a white or whole wheat tortilla with avocado. Served with spicy salsa and choice of home fries, hash browns, or Israeli salad

Spinach Frittata Wrap...\$11.95

Scrambled eggs with spinach, mozzarella and cheddar cheese, tomatoes, onions and red and green peppers in a white or whole wheat tortilla. Served with spicy salsa and choice of home fries, hash browns, or Israeli salad

Chorizo Frittata Wrap...\$11.95

Scrambled eggs with spicy soy chorizo and mozzarella and cheddar cheese in a white or whole wheat tortilla. Served with spicy salsa and choice of home fries, hash browns, or Israeli salad

BELGIAN WAFFLES

Served with powdered sugar and strawberry on top and syrup

Classic Buttermilk...\$7.50

Chocolate Chip...\$8.50

Blueberry...\$8.95

Strawberry...\$8.95

Caramelized Banana...\$9.95

Apple Cinnamon...\$9.95

Waffle Bowl

Filled with:

Strawberries...\$5.95

Ice Cream...\$7.95

Eggs and Cheese...\$7.95

FRENCH TOAST

Four triangles of our homemade bread, served with powdered sugar on top and syrup

Classic...\$7.50

Caramelized Banana...\$9.95

Apple Cinnamon...\$9.95

PANCAKES

3 large pancakes served with powdered sugar on top and syrup

Classic Buttermilk...\$6.95

Chocolate Chip...\$7.95

Cinnamon Chip...\$7.95

Blueberry...\$8.50

Banana...\$8.50

Strawberry...\$8.50

Strawberry Banana...\$8.50

Triple Berry...\$8.50

Chunky Monkey...\$11.95

Banana, chocolate chips, and pecans

S'mores Pancakes...\$11.95

Chocolate chip pancakes with pieces of graham crackers inside, topped with marshmallow fluff, more graham crackers and chocolate chips

BREAKFAST AND MORE

Bagel with Butter...\$1.70

Bagel with Peanut Butter and Jelly...\$2.95

Bagel with Cream Cheese...\$3.25

With specialty cream cheese...\$3.95

With Nova cream cheese...\$4.50

Oatmeal...\$3.95

Homemade and delicious. Served with one topping and brown sugar:

Bananas, blueberries, strawberries, raisins, sliced almonds, or chocolate chips

Each additional topping \$0.50

Yogurt Parfait...\$3.95

Non-fat Greek vanilla yogurt with homemade granola and various toppings

Fresh Fruit Cup...small \$3.25, large \$5.25

SALADS

Served with our low carb roll or bagel

CROUTONS are hamotzi and contain sesame

Fiesta Salad...\$11.95

Romaine, shredded carrots, purple onions, red pepper, black beans, corn and crispy tortilla chip pieces - dressing of your choice

Spinach Salad...\$11.95

Spinach leaves, mushrooms, chopped eggs, tomatoes, garlic croutons and sweet and spicy vinaigrette

Harvest Salad...\$11.95

Mixed baby greens topped with strawberries, feta cheese, candied pecans and balsamic vinaigrette

Greek Salad...\$11.95

Romaine, tomatoes, onions, cucumbers, black olives, feta cheese and lemon olive oil dressing

Caesar Salad...\$11.95

Romaine, garlic croutons, parmesan cheese and creamy Caesar dressing

Sunshine Salad...\$11.95

Romaine, shredded carrots, shredded zucchini, avocado, sunflower seeds, raisins and cheddar cheese - dressing of your choice

Extras:

Tuna Scoop...Add \$3.95, Grilled Salmon...Add \$8.50

SOUPS

Soup of the Day...Small \$4.95, Large \$5.95

French Onion Soup...\$5.95

Our homemade French onion soup, topped with bread and mozzarella cheese

Vegetarian Chili...\$6.95

A spicy blend of soy chorizo, beans, tomatoes, and onions in our homemade sauce and served with cornbread. Cheddar cheese and red onions on the side.

EMMA'S FAVORITES

Avocado Toast...\$3.95

One piece of thick toast with mashed avocado, diced tomatoes, red onions, scallions, and garlic aioli
Add fried egg on top...\$1.50

Pizza Bagel...\$5.95

Your choice of bagel with pizza sauce and melted American, mozzarella, cheddar, or muenster cheese, served with homemade chips or Israeli salad

Pizza Trencher...\$6.95

Bialy topped with grilled mushrooms, red and green peppers, onions, zucchini, pizza sauce, and melted mozzarella cheese, served with tomato, onion, pickles, and homemade chips or Israeli salad

Spinach Trencher...\$7.95

Bialy topped with a mixture of spinach, red peppers, onions, cream cheese, and melted mozzarella cheese, served with tomato, onion, pickles, and homemade chips or Israeli salad

Quesadilla Classic...\$9.95

Mozzarella and cheddar cheese melted with tomato and scallions in a white or whole wheat tortilla, served with sour cream and spicy salsa, lettuce, and tomato

Quesadilla Deluxe...\$10.95

Our Classic Quesadilla with grilled mushrooms, red and green peppers, onions, and zucchini

Tuna Quesadilla...\$10.95

Mozzarella cheese melted with tuna and red onions in a white or whole wheat tortilla, served with homemade chips or Israeli salad

ALT...\$9.95

Triple decker sandwich on our homemade bread with avocado, lettuce, tomato, cucumber, onion, and mayo, served with homemade chips or Israeli salad

Falafel Burger...\$9.95

Our very own falafel patty, tahini sauce, jalapeños, cucumbers, and tomatoes on a homemade bun, served with homemade chips or Israeli salad

Fried Whitefish Sandwich...\$13.95

Served on our homemade bread with pickles, tomato, tartar sauce and homemade chips or Israeli salad

Fish and Chips...\$13.95

Battered and deep fried tilapia, served with tartar sauce and fries

Grilled Salmon...\$14.95

Choice of teriyaki, honey dijon, or bourbon glaze, served on a bed of garlic angel hair pasta or rice with garden salad

Salmon Stir-Fry Teriyaki...\$14.95

Cubes of salmon stir fried with red and green peppers, onions, mushrooms, and garlic angel hair pasta or rice in teriyaki sauce

Family Pizza Bagel...\$15.99

A delicious 16" homemade bagel crust with our pizza sauce and mozzarella cheese.
Add your own custom toppings - \$1.75 - \$4.00 each. Allow 20 minute preparation time

WRAPS

In a white, whole wheat, or gluten free tortilla, served with pickles, homemade chips or Israeli salad
Wraps are Hamotzi

Grilled Vegetable...\$8.95

Grilled mushrooms, red and green peppers, onions, zucchini, and guacamole

Mediterranean...\$8.95

Eggplant, red and green peppers, onions, and sun-dried tomatoes in a spicy sauce

Egg Salad...\$8.95

Egg salad, lettuce, tomato, and scallions

Guacamole...\$9.95

Guacamole, mozzarella and cheddar cheese, lettuce, tomato, and scallions

Falafel...\$10.95

Our homemade falafel balls, Israeli salad, lettuce, tahini sauce, and spicy Mediterranean eggplant salad

Tuna...\$10.95

Tuna salad, lettuce, tomato, and scallions

Spinach Swirl...\$10.95

A mixture of spinach, red peppers, onions, potatoes, cream cheese and mozzarella cheese

The Cha-Cha...\$10.95

Spicy soy chorizo, mozzarella cheese, mushrooms, zucchini, carrots, red and green peppers, tomato, lettuce, and scallions

Lox Lu-Lu...\$11.95

Nova lox, cream cheese, lettuce, tomato, red onion, and scallions

Salmon Caesar Salad...\$14.95

Romaine lettuce, garlic croutons, parmesan cheese, and grilled salmon with creamy caesar dressing

PASTAS

Served with garlic bread

Pasta Marinara...\$7.95

Spaghetti with homemade marinara sauce
Add cheese...\$1.75

Macaroni and Cheese...\$8.95

Macaroni with mozzarella, cheddar, muenster, and parmesan cheese

Gnocchi...\$8.95

Gnocchi served with sautéed onions

Creamy Pesto...\$10.95

Penne with homemade creamy pesto

Creamy Alfredo...\$10.95

Penne with homemade creamy alfredo

Ravioli...\$11.95

Butternut squash or spinach, served with choice of sauce

Eggplant Parmesan...\$11.95

Breaded and fried eggplant topped with mozzarella cheese and homemade marinara sauce, served on top of spaghetti

Three Cheese Lasagna...\$11.95

Layered lasagna with our special blend of cheese and homemade marinara sauce

MEXICAN

Avocado and Tuna Tapas...\$6.95

One whole avocado, split in two, with a scoop of our delicious tuna on each half, topped with scallions

Nachos and Dips...\$10.95

White and whole wheat tortilla chips with cheese sauce, refried beans, guacamole, and salsa on the side

Mexican Burrito...\$11.95

Spicy soy chorizo, refried beans, pico de gallo with jalapeños, mozzarella cheese, and lettuce in a white or whole wheat tortilla, topped with melted cheddar. Served with Spanish rice, refried beans, lettuce, and spicy salsa on the side

Chorizo Quesadilla...\$11.95

Spicy soy chorizo with melted mozzarella and cheddar cheese, pico de gallo with jalapeños, tomato, and scallions in a white or whole wheat tortilla. Served with Spanish rice, sour cream, lettuce, tomato, and spicy salsa on the side

Taco Salad...\$12.95

Fried white tortilla filled with spicy soy chorizo, pico de gallo with jalapeños, cheddar cheese, sour cream, guacamole, refried beans, lettuce, and black olives

Fish Tacos...\$13.95

3 of our 6" corn tortillas filled with tilapia, lettuce, and pico de gallo with jalapeños, served with spicy salsa and Spanish rice.
Spicy and gluten free!

PANINI

Grilled on our homemade white or wheat roll
Served with our homemade chips or Israeli salad

3 Cheese...\$9.95

American, mozzarella, cheddar, tomato, and onions

Grilled Vegetable...\$9.95

Grilled mushrooms, red and green peppers, onions, zucchini, and guacamole with mozzarella cheese

Pizza...\$9.95

Homemade pizza sauce and mozzarella

Pizza Deluxe...\$10.95

Our Pizza Panini with grilled mushrooms, red and green peppers, onions, and zucchini

California...\$10.95

Cream cheese, lettuce, tomato, avocado, and scallions

Tuna Melt...\$10.95

Tuna salad, tomato, and mozzarella cheese

Caprese...\$10.95

Mozzarella, tomato, and pesto

Eggplant Parmesan...\$10.95

Breaded and fried eggplant topped with mozzarella cheese and homemade marinara sauce

Grilled Salmon...\$14.95

Our Grilled Vegetable Panini with grilled salmon

DELI SANDWICHES

Served on a bagel of your choice with tomato, onion, pickles, and homemade chips or Israeli salad

Egg Salad...\$7.95

Vegetarian Chopped Liver...\$7.95

Tuna Salad...\$9.95

Whitefish Salad...\$10.95

Lox and Cream Cheese...\$10.95

Tuna Melt...\$10.95 Open Face...\$2.95 extra

KIDS

Silver Dollar Pancakes...\$4.95

5 mini pancakes served with powdered sugar on top and syrup
Add chocolate chips, blueberries, strawberries, or bananas...\$0.75

Grilled Cheese...\$5.25

Served on sliced bread with homemade chips or Israel salad. Choice of American, mozzarella, cheddar, or muenster

Mac n Cheese...\$6.25

Macaroni with mozzarella, cheddar, muenster, and parmesan cheese

Mini Bagel Topped with cream cheese...\$2.50

Topped with egg salad and our homemade chips, tomato, onion, and pickles...\$4.75

Topped with tuna salad and our homemade chips, tomato, onion, and pickles...\$5.75

BEVERAGES

Fountain Drinks

Soft Drinks (cans and bottles)

Assorted Milks, Juices, and Drinks

COFFEE BAR AND MORE

All coffee bar drinks are 12 oz. or 16 oz. servings

Add whip cream to any drink - \$0.75

Coffee

Hot Tea

Hot Chocolate

Cappuccino

Latte

Flavored Latte

Specialty Tea

Iced Coffee

Iced Latte

Flavored Iced Latte

Coffee Granita

Assorted Milkshakes and Smoothies

All Coffee Bar drinks are Cholov Yisroel

FRESH SQUEEZED JUICES

12 oz.

Orange or Grapefruit

BAGELS TO GO

Bagels

Plain, Sesame, Poppy, Onion, Garlic, Everything, Egg, Salt, 8 Grain, Marble, Lo-Cal, Sun Dried Tomato, Jalapeno, Sourdough, Zahatar, Pumpernickel, Pumpernickel Onion, Rye with Seeds, Whole Wheat, 100% Whole Wheat, Whole Wheat Everything, Chocolate Chip, Blueberry, Cinnamon Raisin, and Orange Cranberry

Jerusalem Bagel

Plain and Whole Wheat

Bagel Sticks

Plain, Sesame, Poppy, and Onion

Bialys

Plain and Onion

Pretzels

Salted and Unsalted

Low Carb Roll

Fruit and Nut Bar

Mini Bagels

Plain, Sesame, and Poppy

QUICHE

In a delicious crust, served with a side of lettuce, tomato, and cucumber

Muenster Cheese...\$7.95

With onions

Cheddar Cheese...\$7.95

With tomatoes, scallions, and avocado

Broccoli...\$7.95

With mozzarella cheese and onions

SIDES

Homemade Potato Chips...\$2.25

Cornbread...\$2.50

Baked Potato...\$3.50

Add your choice of toppings - \$0.50 - \$3.50 each

Home Fries...\$3.50

Hash Browns...\$3.50

Spanish Rice...\$3.50

Israeli Salad...\$3.95

Grilled Vegetables...\$4.95

French Fries

Small \$3.95, Large \$6.95

Sweet Potato Fries

Small \$4.95, Large \$7.95

Cheese Fries

Small \$4.95, Large \$7.95

Chili Cheddar Fries...\$8.95

Homemade Fried Zucchini...\$5.95

Homemade Fried Onion Rings...\$5.95

Homemade Fried Cauliflower...\$6.95

Homemade Mozzarella Sticks...\$6.95

Homemade Onion Rings Stuffed With Mozzarella Cheese...\$6.95

Mac and Cheese Bites...\$7.95

Scoops of macaroni and cheese dipped in batter and fried

SOFT SERVE ICE CREAM

Chocolate, Vanilla, and Swirl - toppings extra

4 oz.

8 oz.

CHALLAHS

Plain, poppy seed, sesame, whole wheat, and everything

Mindy's Gourmet Challah

Challah Rolls

BULK ITEMS

Tuna Salad

Egg Salad

Whitefish Salad

Vegetarian Chopped Liver

Nova Lox

Plain Cream Cheese

Low Fat Plain Cream Cheese

Specialty Cream Cheese

Specialty Low Fat Cream Cheese

Nova Cream Cheese

PASTRIES

Assorted Fresh Baked Danishes Assorted Fresh Muffins

Assorted Brownies and Bars

Assorted Cookies

Assorted Kiddish Cakes, Fruit Filled Cakes, Babkas, and More